

Landau Veterinary Services

HOME-COOKED DIET INSTRUCTIONS

| MEAT | VEGETABLES |
|----------------|------------------|
| chicken breast | kale |
| lean beef | spinach |
| pork | broccoli |
| fish | Brussels sprouts |
| egg | zucchini |
| | asparagus |
| | |

DIRECTIONS

By volume, feed 75% meat and 25% vegetables. Vegetables can be chopped and raw preferably or cooked if necessary. If supplementing calcium, use a scale to weigh each batch of food. Then use 1 tsp. of seaweed calcium per pound of food. Other things to consider are essential fatty acid supplementation in the form of fish oil and possibly a multivitamin.

If your dog or cat has a history of inflammation or digestive problems, please start diet changes gradually. As a rule, start with 25% new diet and 75% old diet for at least a few days. Observe for discomfort, vomiting, diarrhea, or gas. If all looks good, then move to 50% new diet and repeat. Continue on to 75% new diet then 100% new diet. When in doubt, proceed slowly.

This transition to a new diet should occur over a few weeks unless specifically instructed to happen faster by Dr. Landau.

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